

## **School-Sponsored Extracurricular Programs Participation Substance Abuse Guidelines – Fredericksburg I.S.D.**

### Mission

Fredericksburg I.S.D. has a vital interest in maintaining a safe and healthy environment for all of its students. The District understands that the use of alcohol and illegal drugs poses serious health and safety risks to the user and those associated with the user. The District intends the policy to serve as a deterrent to the use of alcohol and illegal drugs and to provide students with a viable reason to resist peer pressure to use alcohol and illegal drugs.

### Applicability

This Policy applies to all students in grades 9-12 who participate in school-sponsored extracurricular programs (see attached list of programs).

### Notification

The District shall notify students of this Policy by giving each student who participates in school-sponsored extracurricular programs a copy of the guidelines and obtaining a written acknowledgment from each student verifying that the guidelines have been received, read, and understood. Consent forms for testing shall be signed by both the student and a parent or guardian at the beginning of the school year or as soon as the child knows he/she plans to participate in a school-sponsored extracurricular program. A student may not participate in a school-sponsored extracurricular program until a signed consent form is obtained.

### Testing

All testing will be conducted by urinalysis performed by a laboratory certified by the Substance Abuse and Mental Health Services Administration. All specimens that show positive on the initial screen will be confirmed by a second analytical procedure, Gas Chromatography/Mass Spectrometry (see attached Testing Procedures). All students participating in a school-sponsored extracurricular program shall be subject to random testing. Students will be selected for testing by random selection, which will be conducted by an outside third party. Parental consent for a student to submit to biological testing shall be required as a condition of participation in any school-sponsored extracurricular program. If a student or his/her parent or guardian refuses to sign a consent form, the student shall not be permitted to be a member of any school-sponsored extracurricular program.

### Selection

Students in school-sponsored extracurricular programs shall be placed in a pool and shall be subject to testing anytime during the school year. Test dates and students selected to be tested will be determined by an independent testing firm. Drugs to be screened for will be determined by the FISD Board of Trustees. The Board of Trustees will determine the percentage of students to be drawn at random to produce a sample for testing. The percentage may vary throughout the year. The

Superintendent or his designee will take reasonable steps to assure the integrity, confidentiality, and random nature of the selection process including, but not necessarily limited to, assuring that all names of all participating students are in a pool, assuring that the person drawing the names has no way of knowingly choosing or failing to choose particular students for testing, assuring that the identity of the students drawn for testing is not known to those involved in the selection process. All students, including seniors, who begin the school year in a school-sponsored extracurricular program, shall remain in the random drug testing pool until the last day of school. When notified, any student not reporting promptly to the designated area or not otherwise following testing procedures shall be subject to the same consequences as having had a positive test result.

### Drugs

For the purposes of this Policy, alcohol and drugs to be tested for may include any substance considered illegal for a student under 21 years of age by either federal or Texas law or which are controlled by the Food and Drug Administration.

### Procedures

Names of students to be tested will be delivered to the Principal's office immediately prior to the testing. The High School Administration will notify the students to be tested and shall direct the selected students to report to the designated area immediately. Testing will take place in the Auditorium foyer/restroom area. All tests will be administered by an independent testing company. Tests may be required on any school day and anytime during the school day. Selected students will wait in the designated area and will be called into the testing area one at a time.

### Consequences

**First Offense** – As soon as possible after notification of a positive test result, the High School administration shall schedule a conference with the student, parent/guardian, sponsor, and administrator. The student shall be ineligible to participate in all school-sponsored extracurricular programs for a period of 30% of the season or the upcoming season and serve 30 days of probation from the date of the meeting. The student shall be retested on the next random test day following the suspension. The student shall attend a District-approved drug awareness program and provide evidence of successful completion prior to resuming participation in school-sponsored extracurricular programs. The student shall be subject to at least two mandatory tests during the period of one year following the positive test result. The student will only be reinstated after 30 student school days or 30% of the games if the above-mentioned requirements are adhered to.

**Second Offense** – As soon as possible after notification of a positive test result, the High School administration shall schedule a conference with the student, parent/guardian, sponsor, and administrator. The student shall be suspended from all school-sponsored extracurricular programs for a period of one calendar year from the date of the meeting. The student shall stay in the random pool for testing and shall have a mandatory test prior to returning to participation in any school-sponsored extracurricular program. The student shall be required to attend a

District-approved drug/alcohol-counseling program and provide proof of successful completion. The student shall be subject to at least two mandatory tests following the suspension. Failure to comply with any of the requirements mentioned above shall result in the student being removed from all school-sponsored extracurricular programs for the remainder of his/her high school tenure.

**Third Offense** – As soon as possible after notification of a positive test result, the High School administration shall schedule a conference with the student, parent/guardian, sponsor, and administrator. The student shall be removed from all school-sponsored extracurricular programs for the remainder of his/her high school tenure.

### Appeals

For positive test results, the student or his/her parent/guardian has the opportunity to submit any relevant medical information which may provide a legitimate explanation for the positive result to the physician serving as the Medical Review Officer. The decision of the Medical Review Officer shall be final. All specimens reported as positive will be kept in frozen storage for one year by the laboratory. During this time, the parent/guardian of the student who has provided the sample shall be permitted by the District to have a portion of the original sample sent to a different SAMSHA laboratory for analysis at the parent/guardian's expense.

### Confidentiality

All information relating to biological testing or the identification of persons as users of alcohol or illegal drugs will be kept confidential and disclosed only to the student, his/her parent/guardian, and school officials designated by the Superintendent. Test results will not be placed in a student's school records. No other disciplinary action other than that outlined in these guidelines will be taken for a positive test result.

### Pre-emption

Nothing in these guidelines shall limit or prohibit the application of Board policy or existing laws related to using, possessing, distributing, or selling illegal drugs or alcohol on school property as defined by Board policy or at school events.

## List of High School Extracurricular Programs

All UIL-sanctioned activities including but not limited to athletics, literary, music, drama, speech, journalism, and academics.

Cheerleading  
Dance Team  
HOSA  
VICA  
FFA  
JETS  
Student Council  
DECA  
FCCLA  
Ag Mechanics  
Destination Imagination  
NJROTC  
4-H

## Testing Procedures

The random selection process will be completely objective and anonymous and will utilize a scientifically valid method such as a random number table or a computer-based random number generator matched with student Social Security numbers, school identification numbers, or other comparable identifying numbers. The test dates will be unannounced. The testing company will maintain all testing information including all test results and other appropriate records in a secure manner to prevent the disclosure of such information to unauthorized personnel. The District administration will maintain a locked file system, which will contain any information related to the testing program. This file will be maintained as confidential and will be handled on a "need to know" basis only.

All urine specimens to be tested will be analyzed by an appropriately certified laboratory. All specimens will be initially tested by an immunoassay screen, which will eliminate negative urine specimens from further consideration. Any positive test results in an initial test will be subject to confirmation through an additional, more precise and accurate testing methodology. Any specimen identified as positive on the initial screen will be confirmed by a second analytical procedure independent from the initial test and which uses a different chemical technique and procedure. Gas chromatography/mass spectrometry will be used to confirm initial positive test results. All positive specimens will be retained in long-term frozen storage for one year. Specimens collected under this plan may be used only to test for alcohol and illegal drugs designated for testing in the plan and will not be used to conduct any other analysis or test.

The collection site person will use a clean, single use specimen bottle that is securely wrapped until filled with the specimen and use a tamperproof sealing system designed in a manner such to ensure against undetected opening. The collection individual will use a shipping container in which the specimen and

associated paperwork may be transferred and which can be sealed and initialed to prevent undetected tampering. No unauthorized personnel will be permitted in the designated collection site when specimens are collected or stored. Only the collection site person may handle specimens prior to their securement.

To deter the dilution of specimens at the collection site, toilet bluing agents will be placed in toilet tanks whenever possible so that the reservoir of water in the toilet bowl always remain blue. Where practicable, there will be no other source of water in the enclosure where urination occurs. If there is another source of water in the enclosure, it will be effectively secured or monitored to ensure it is not used as a source for diluting a specimen.

The collection site person will ask the individual to remove any unnecessary outer garments such as a coat or jacket. All personal belongings such as a purse or backpack will remain with the outer garments. The individual will be instructed to wash and dry his/her hands prior to collection. The individual will provide his/her specimen in the privacy of a stall or otherwise partitioned area that allows for individual privacy.

Upon receiving the specimen from the student, the collection site person will determine if the specimen has at least 30 milliliters of urine. If the student is unable to provide such a quantity, the specimen will be discarded. The collection site person will instruct the student to drink up to 25 ounces of fluid distributed reasonably through a period of up to two hours, or until the student has provided a new specimen. If the student refuses to drink fluids as directed or to provide a new specimen, the collection site person will terminate the collection and notify the District. If the student has not provided a sufficient specimen within two hours of the first unsuccessful attempt, the collection site person will discontinue the collection and notify the District. The District will direct the parent/guardian of the student who does not provide a sufficient specimen to obtain, as soon as possible, an evaluation from a licensed physician concerning the student's ability to provide an adequate amount of urine.

The Medical Review Officer will review and interpret each confirmed positive test result to determine if there is an alternative medical explanation for the positive test results. If necessary the MRO will contact the parent/guardian and student to conduct a medical interview, review the student's medical history and any relevant biomedical factors, and review all medical records made available to determine if a confirmed positive test resulted from legally prescribed medication. If the MRO determines after appropriate review that there is a legitimate medical explanation for the confirmed positive test results, the MRO will take no further action. If the MRO determines after appropriate review that there is no legitimate explanation for the confirmed positive test result, the MRO will so inform the designated District official.

## Student/Parent Acknowledgement

Please sign, date, and return this form, along with the consent for testing form.

I have received and read a copy of the District's substance abuse policy. I understand that this policy is part of the District's rules and that it applies to all District students participating in school-sponsored extracurricular programs in grades 9-12.

\_\_\_\_\_  
Printed Student Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Printed Parent Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

## Consent to Biological Test

I, \_\_\_\_\_, as a parent or guardian of

\_\_\_\_\_, a minor student enrolled in Fredericksburg High School and participating in school-sponsored extracurricular programs hereby agree to the following.

I have received a copy, have read, and understand the School District's policy regarding substance abuse. I understand that it is the practice of the District to conduct drug and alcohol tests for the purpose of carrying out this policy. I understand that my child or ward cannot be compelled to give a biological specimen. I understand that if he/she gives a biological specimen it will be tested for illegal drugs and/or alcohol. I understand that the giving of a biological specimen, when requested by the District, is a condition of my child's/ward's continued participation in school-sponsored extracurricular programs. I understand that if a test of my child's/ward's specimen reveals the presence of an illegal drug and/or alcohol, the District may take action up to and including termination of participation in all school-sponsored extracurricular programs. I authorize the officers, employees, and agents of Compliance Consortium Corporation and the District to communicate among themselves for official purposes, my child's/ward's drug and/or alcohol test results both orally and in writing, and to communicate such results at any administrative proceeding. I also authorize the officers, employees, and agents of Compliance Consortium Corporation and the District to have continued access to my child's/ward's biological specimens for the purpose of any further analysis or study that may be necessary and require the results be communicated to me prior to any District administrative proceedings. At this time, I hereby agree to my child/ward giving a biological specimen.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date